

UCHIDA RYU TANJO JUTSU

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Forrás:

<http://home.scarlet.be/ittoryu/TanjoJutsu.htm>

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General

- Rei : tanjo is in honte-grip (relaxed, pointing down and straight forward)
- Shidachi and Uchidachi always walk towards each other (except for Ushirozue). Uchidachi is taking seigangamae, hassogamae and starts walking.
- Here is NO pauze before the attack : walk and strike.
- All tanjostrikes are big and powerfull.
- The striking point is the monouchi of the tanjo.
- Grip of the tanjo : about one fistwidth of the tanjo is pointing out (except for Kuritsuke and Suigetsu)
- Zanshin : uchidachi is making distance by stepping back in kamae-otoku. Shidachi controls the center while stepping forward by dropping the tanjo.
- Size of the tanjo may vary : the length is about 3 shaku (90 cm), thickness about 9 bu (2,8 cm)

Obviously, these techniques are not formalised. It simply is koryu, which means that they are susceptible for interpretation . Each teacher will have his own interpretation he got from his teacher, and this teacher will have it from his teacher, etc... However, the essence of each technique should never be neglected.

Although the techniques seem rather uncomplicated, the most difficult part is timing and closing distance as both Shidachi and Uchidachi are walking towards each other.

1. KOTE UCHI (SA) (小手打) (左) Hitting the left wrist

S Honte-grip

U Kiri-oroshi horizontal

S Stepping diagonal to the front while striking the U's left wrist (at the end, the tanjo is pointing at suigetsu in both kata nr 1 and 2)



2. KOTE UCHI (YU) (小手打) (右) Hitting the right wrist

S Honte-grip

U Kiri-oroshi horizontal

S Stepping with the left foot to the left while raising the tanjo. Then stepping forward with the right foot while striking U's right wrist.



3. SUTEMI (捨身) At the risk of one's Life

S Gyakute-grip

U Attacking shomen

S As the left foot steps, tapping on the floor with the tanjo while sliding the hand to the middle. Staying low, as the right foot steps, vertical block just behind U's elbows with the right arm well extended. Punch upward with the left fist (kiai) Stay in contact with U's arms while lowering the tanjo to the right knee.



4. KURI TSUKE (繰付) To wind up and attack

S Holding the end of the tanjo in hote-grip

U Attacking shomen

S Stabbing to the face(uto) on the left foot and performing kuritsu. Left leg is behind U's right leg.

U Making space for horizontal cut

S pulling back the stick so only a short bit is showing from the left hand, and then striking to U's sideribs. Right arm is extended, pointing down.



5. USHIRO ZUE (後杖) The rear stick

U Sword in the obi

S Gyakute-grip. Standing in front of U.

U Pushes while drawing the sword to attack S.

S Turning to the right, striking under U's arms and across the chest, R-hand under the armpit.

The left hand grabs the end of the stick, thumb to the left. The right hand slides over the arm to the wrist, and pressure is applied with the tanjo just above the elbow joint. Step in with left foot to unbalance uchidachi and push him to the ground.



6. SUIGETSU (SA) (水月) (左) Solar plexus (Left side)

S End of the tanjo in honte-grip

U Kiri-oroshi (as far as it goes...)

S Shifts to the right, with the left knee on the floor, extending the right arm and stabbing suigetsu. Left hand is on the hip. (Turn of the hips should increase the power of the tsuki)



7. SUIGETSU (YU) (水月) (右) Solar plexus (Right side)

S End of the tanjo in honte-grip

U Kiri-oroshi (as far as it goes...)

S S Shifts to the left, with the left knee on the floor, extending the right arm and stabbing suigetsu. Left hand is on the hip. (Turn of the hips should increase the power of the tsuki)



8. SHAMEN (SA) (斜面) (左) Left diagonal

S Honte-grip

U Kiri-oroshi horizontal

S Stepping to the right, hitting U on the left temple with a large circular strike



9. SHAMEN (YU) (斜面) (右) Right diagonal

S Honte-grip

U Kiri-oroshi horizontal

S Stepping to the right in a 90° turn, taking Jodan Kamae, striking the mune of U's sword in a clockwise motion, performing a horizontal strike to U's right temple.



10. KOBUSHI KUDAKI (拳碎) Smashing the fist

U Sword in the obi.

S Honte-grip

U Drawing the sword and attacking S's fist

S Pulling back the left foot and raising the hand, tanjo is pointing down. The tanjo is hit, rotates clockwise and strikes the sword to the left. The tanjo continues on an arc that ends at U's uto.



11. SUNE KUDAKI (脛碎) Smashing the shin

S Gyakute-grip

U Kiri-oroshi till horizontal

S Accelerating, dropping on the left knee, slightly to the left, striking U's shin (striking point is same as in Neya no Uchi, but other leg)

U attempting to strike S's neck with a one-handed horizontal cut

S Turning and standing up while blocking U's right arm. Striking U's side ribs with left hand.



12. IRIMI (入身) Incoming body

S Tanjo in honte-grip behind the neck, 90° on attackingline

U lowering the sword to perform tsuki (like in Sakan)

S Stepping back with the left foot in complete hanmi, the right foot is following. Tanjo straight up and striking down U's sword in an « O-chiburi » like mouvement.

U Entering immediatly with another kiri-oroshi

S Entering the right foot, slightly to the left, landing on the left knee and striking across the chest to U's suigetsu.



